

## ABSTRACT

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### OVERVIEW OF THE WORKFLOW OF PSYCHOLOGICAL ASSISTANTS AT PT CASTRA ADHI CEMERLANG

Psychological services play a vital role in assisting individuals and groups through counseling, psychoeducation, and psychological testing aimed at supporting development, prevention, and resolution of psychological issues. In education, these services are used to help students understand their potential, interests, and talents, enabling them to determine suitable educational pathways or career choices. In the industrial and organizational sectors, psychological services contribute to employee selection, placement, and development, enhancing productivity and workplace efficiency. As part of the academic program, Psychology students at Universitas Pembangunan Jaya are required to undertake internships to apply the theories learned during their studies. The intern selected PT Castra Adhi Cemerlang as the internship site due to its focus on education and industry, as well as its diverse psychological services. During the internship, the intern participated in various activities, including conducting psychological assessments, interviews, observations, scoring psychological test instruments, and providing psychoeducation, which supported their competency development as a Psychological Assistant. This report aims to illustrate the role of psychological assistants in delivering psychological services, document the intern's experiences during the internship, and highlight the importance of psychological services in meeting the needs of education and industry while preparing students to contribute effectively to the professional world.

**Keywords:** Intership, Psychological Assistant, Psychological Services, PT Castra Adhi Cemerlang