

ABSTRACT

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Description of the Role of a Counselor Assistant at Aulady Integrated Islamic Senior High School (SMAIT Aulady)

Kerja Profesi (KP) is part of the academic learning process designed to provide students with direct experience in applying psychological theories learned during their studies. One of the graduate profiles of the Psychology Study Program is to become a Counselor Assistant, who is competent in providing basic services such as counseling, training, and psychological assessment in school settings. The practicum was carried out at SMAIT Aulady over a period of 200 hours (25 days). The practican chose the role of Counselor Assistant for the following reasons: (1) the position plays an essential role in educational institutions, (2) the practican wished to gain experience in the process of individual student counseling, and (3) the practican hoped to gain insights into the implementation of psychoeducation for students. During the practicum, the practican was responsible for: (a) conducting individual counseling sessions, (b) delivering psychoeducational sessions through training and non-training activities, and (c) performing student observations. During the program, the intern worked encountered several challenges such as limited student background information, scheduling difficulties due to overlapping class times, and a limited practicum duration that restricted the ability to conduct follow-up sessions. Nevertheless, the practican gained valuable lessons related to the importance of coordination, adaptability, and the application of empathic communication and counseling skills. This experience strengthened the practican's readiness to become a future psychology professional who is capable of adapting within educational environments.

Keyword: Counselor Assistant, Kerja Profesi, Counseling, Psychoeducation, SMAIT Aulady