

ABSTRACT

DESIGN OF RETIREMENT COMMUNITY CENTER WITH GERIATRIC APPROACH TO IMPROVE LIFESTYLE PATTERNS

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The growing elderly population in Indonesia demands facilities that support them to remain active and productive after retirement. The elderly are prone to unhealthy lifestyles, so they are at risk of chronic diseases. In line with the government's Active & Productive Elderly program, this study aims to design a Retirement Community Center with a geriatric approach and behavioral architecture to create an environment that supports the physical, mental, and social health of the elderly. The geriatric approach is used to understand the needs of the elderly, while behavioral architecture is applied to create a space that encourages healthy activities and social interaction. Design criteria include the provision of community facilities, the application of holistic health principles, and the selection of a strategic location in Sentul City, Bogor Regency. It is hoped that this design can be a provision for the elderly after leaving the RCC, so that they continue to have a better quality of life and are able to slow down the progression of aging-related diseases.

Keywords: Retirement, Geriatrics, Lifestyle, Behavioral Architecture