

ABSTRACT

Description of Individual Disaster Resilience in Emerging Adulthood in Cianjur Regency

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This study aims to describe the level of individual resilience to disasters in early adulthood in Cianjur Regency, West Java. Individual resilience to disasters refers to an individual's ability to adapt, and recover from the impact of a disaster independently, which includes three main dimensions, namely knowledge, readiness, and action. This study uses a quantitative descriptive approach. Participants in this study were 406 people who were in the young adult age range (18–25 years) in Cianjur Regency. The research instrument used the Individual Disaster Resilience scale developed by Matsukawa et al. (2023), and has been adapted to the Indonesian context. The results of the analysis show that in general the level of individual resilience to disasters is in the moderate category.

Keywords: *Individual Disaster Resilience, Emerging Adulthood, Cianjur Regency*

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