

## ABSTRACT

### ***The Influence of Emotional Intelligence on Prosocial Behavior in Adolescents***

Raychana<sup>1)</sup>, Maria Jane Tienoviani Simanjuntak, S.Psi., M.Psi., Psikolog<sup>2)</sup>

<sup>1)</sup>Student of Psychology Studies Program, Universitas Pembangunan Jaya

<sup>2)</sup>Lecturer of Psychology Studies Program, Universitas Pembangunan Jaya

Prosocial behavior is a crucial aspect of social interaction, but there are indications of a decline among adolescents in Indonesia, a contradiction to the country's image as a generous person. This phenomenon highlights the importance of understanding internal factors that influence the tendency to help in adolescents, one of which is trait emotional intelligence (TEI). This study aims to examine the effect of trait emotional intelligence on trait-based prosocial behavior in adolescents. This study used a quantitative approach involving 394 adolescent participants. Data were collected using a questionnaire measuring Emotional Intelligence (TEIQue-SF) and Prosocial Behavior (PSB). Data analysis was carried out using a simple linear regression method. The results showed that trait emotional intelligence had a positive and statistically significant effect on prosocial behavior ( $p < 0.05$ ). The trait emotional intelligence variable was found to be able to explain 16,9% ( $R^2 = 0.169$ ) of the variation in prosocial behavior. In conclusion, the higher the adolescent's perception of their emotional intelligence, the higher their chances on showing their prosocial personality tendencies. These findings imply that developing emotional intelligence can be an important strategy in intervention programs to foster and enhance positive behavior among adolescents.

**Keywords:** Adolescents, Emotional Intelligence, Prosocial Behavior.

Libraries : 68

Publication Years : 1995-2024