

ABSTRACT

Nadira Ayu Kusumastuti (2017031017)

OVERVIEW AS AN INTERNSHIP STAFF AT JAYA SOFTSKILLS DEVELOPMENT PROGRAM (JSDP) IN PEMBANGUNAN JAYA UNIVERSITY

Trainee worked at the Pembangunan Jaya University, Unit Jaya Softskills Development Program (JSDP). Trainee worked from 2 June 2020 to 14 August 2020, which approximately 3 months or 50-55 days. While doing this work the Trainee was making 2 videos about the general explanation of JSDP and goal setting & decision making. This two videos were used as a training material that will be carried out by the Unit JSDP for students. In addition, Trainee also made pre-test and post-test questionnaire for goal setting and decision making. The reason Trainee chose to Intern at Unit JSDP was to provide new knowledge and new understanding to UPJ students about JSDP. This internship program is an alternative program made by psychological department of Pembangunan Jaya University.

Keywords: training, goal setting, decision making