

## ABSTRACT

### ***The Relationship between Work-Family Conflict and Parenting Self-Efficacy for Working Mothers Who Have Elementary School-Age Children in Jabodetabek.***

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Working mothers face a big challenge with their multiple roles, they need to be a workers and wives as well as mothers to take care of the family and raise the children. In order to meet the challenges, mothers as parents also need to have parenting self-efficacy. However, if there is an imbalance between roles in the family and roles in work, it will create a work family conflict. This study aims to determine the relationship between work family conflict and parenting self-efficacy in working mothers who have elementary school age children in Jabodetabek. The research method used is quantitative with correlation analysis. Data collected through questionnaires. The results showed that there is a significant negative relationship between Work Family Conflict and Parenting Self-Efficacy in working mothers who have elementary school age children in Jabodetabek. The results of the correlation between work family conflict and parenting self-efficacy obtained a value of  $r = -0.727$ ;  $p < 0.001$ . This shows that the higher result of work family conflict makes lower result of parenting self-efficacy, and vice versa.

**Keywords:** Work Family Conflict, Parenting Self-Efficacy, Working Mothers, Elementary School-aged Children, Jabodetabek

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