

ABSTRACT

The Influence of Body Image on Self-Acceptance in adolescents Women with Obesity in Jakarta.

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This study aims to determine whether there is an effect of body image on self-acceptance in obese adolescent girls in Jakarta. Researchers use a quantitative approach. The population of this research is 289 young women aged 15-17 years who live in Jakarta. Data were collected using body image measurement tools and self-acceptance. Body image measurement tool uses Body image which is measured using Multidimensional Body-Self Relations Questionnaire - Appearance Scales (MBSRQ - AS) developed by Cash & Smoolak and adapted by Swawi et al. The self-acceptance measurement tool uses the Child and Adolescent Survey of Self-Acceptance Scale which has been developed by Bernard. The results of this study prove that body image has a significant positive effect on self-acceptance of obese adolescent girls. This means that body image is able to predict self-acceptance in adolescent girls who are obese in Jakarta. Contribution of body image to self-acceptance is 20.3%.

Keywords: *body image, self acceptance, obesity, adolescents women*

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