

ABSTRACT

Quality Of Life As A Predictor Of Subjective Well-Being For Regular Students Of UPJ By Age In The COVID-19 Pandemic

Jihan Fahera¹⁾, Runi Rulangi²⁾

¹⁾*Student of Psychology Study Program, Pembangunan Jaya University*

²⁾*Lecturer of Psychology Study Program, Pembangunan Jaya University*

The purpose of this research is to determine whether there is an influence between Quality of Life and Subjective Well-being on the age of regular UPJ students during the pandemic. Researcher used a quantitative approach. The population of this research were 292 participants that consisted adolescents and early adults. The data were collected using Quality of Life and Subjective Well-being measuring instruments. The Quality of Life measurement instrument used the World Health Organization Quality of Life (WHOQOL-BREF) that has been adapted by Purba et al. Subjective Well-being uses a measuring instrument that has been adapted by Utami et al. The data analysis technique used in this research is simple linear regression analysis. The results of this research prove that Quality of Life has a positive influence on Subjective Well-being but is not significant with age.

Keywords: *Quality of Life, Subjective Well-Being, Student, Age*

Libraries : 46

Publication Years : 2004-2021