

## ABSTRACT

### ***THE EFFECTIVENESS OF SPEED READING TRAINING TO IMPROVE STUDENT'S READING COMPREHENSION***

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*This study aims to determine whether speed reading training can improve students' reading comprehension skills. The research sample is 30 active first year students at Pembangunan Jaya University with reading skills below 300 words per minute and comprehension abilities below 60%. This research is a quantitative study with a quasi-experimental research approach with a non-randomized pretest-posttest control group research design. The instrument used in this research is in the form of discourse text and about ability. The results obtained from the independent sample t-test test using the gain score value showed the degree of freedom (df) of 58 and the p value < 0.001 which indicated that the results of the initial and final tests had increased because it indicated that  $0.001 < 0.05$ , so it can be concluded that it is said that providing effective reading speed training to improve students' reading comprehension ability.*

*Keywords: Speed Reading, Reading Comprehension*

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