

## **ABSTRACT**

### **THE EFFECT OF WORK LIFE BALANCE ON JOB SATISFACTION MEDIATED BY WORKLOAD ON THE PROFESSION OF MIDDLE SCHOOL TEACHERS IN THE DKI JAKARTA AREA DURING THE COVID-19 PANDEMIC**

*Due to preventing transmission and reducing the number of cases of Covid-19 victims, the DKI Jakarta Provincial Government has implemented an online teaching and learning activity policy. The purpose of this study was to examine the effect of work life balance on workload directly and examine the effect of work life balance on job satisfaction mediated by workload on high school teachers in the DKI Jakarta area. The object of this research is work life balance, workload, and job satisfaction. The results of this study are that there is a significant effect between work life balance on workload, and there is a significant mediating effect on workload as a variable that mediates between work life balance and job satisfaction.*

**Keywords:** *Covid-19 pandemic, work from home, work life balance, workload, job satisfaction*

