

ABSTRACT

The Effect of Work-Family Conflict on Psychological Well-Being in Married Women Doctors and Nurses.

Mary Swarahapsari¹⁾, Veronica Anastasia Melany Kaihatu²⁾, Jane Luvena Pietra³⁾.

¹⁾Student of Psychology Study Program, Pembangunan Jaya University

²⁾Lecturer of Psychology Study Program, Pembangunan Jaya University

³⁾Lecturer of Psychology Study Program, Pembangunan Jaya University

Various phenomena experienced by doctors and nurses in running their professions make them encounter some challenges which connected with other people, self-acceptance, environmental mastery, and purpose in life. It affects the level of psychological well-being. To keep the job on going well, each individual needs psychological prosperity which it is one way of social support. Social support is needed by working wives, especially if there is an imbalance between roles in work, they will experience multiple role conflicts (work-family conflict). This study aims to determine the effect of work-family conflict on the psychological well-being of married doctors and nurses. This research method is correlational quantitative. Collecting data in this study is through a questionnaire. This study found a significant negative effect between work-family conflict variables on psychological well-being in married women doctors and nurses. Thus, the higher the work-family conflict, the lower the psychological well-being. Conversely, the lower the work-family conflict, the higher the psychological well-being.

Keywords: *Work-Family Conflict, Psychological Well-Being, Doctors, Nurses, Married Women*

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