

ABSTRACT

The effect of social support on college adjustment in psychology student at Universitas Pembangunan Jaya of 2021/2022

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The transition from high school to college poses various challenges for students entering college. However, there are some students who have difficulty and need help in making adjustments. This quantitative study aims to determine how much influence social support has on the college adjustment of psychology students at Pembangunan Jaya University. A total of 173 students became participants in this study. This study uses the Indonesian adaptation of the SACQ questionnaire from Baker (2002) and the SPS from Weiss (1974). The result of the magnitude of the effect that occurs from social support on college adjustment obtained is 26.0%. This study concludes that there is a positive relationship between the two variables of social support and college adjustment in psychology students at Pembangunan Jaya University.

Keywords: Social support, College adjustment, students psychology

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