ABSTRACT

The Influence Of Perceived Social Support Towards Psychological Well-Being Of Female Inmates In LPP Jakarta and Tangerang

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Some of the problems faced by female inmates can trigger psychological distress so that it can have a negative impact on psychological well-being (PWB) for them. Social support can contribute good for PWB, but not all of them perceive it as something that is fulfilled or positive for their daily survival. Perceived social support (PSS) predicted to maintain the quality of PWB. This study aims to determine the influence of PSS towards PWB of female inmates in LPP Jakarta and Tangerang. Participants in this study were 246 female inmates aged (18-45 years), with non-recidivist status, recorded as serving sentences in LPP Jakarta and Tangerang. The instrument used were Ryff' Psychological Well-Being (RPWB) to measure psychological well-being (PWB) and the Multidimensional Scale of Perceived Social Support (MSPSS) to measure perceived social support (PSS). The research method used is a quantitative approach with an analysis technique of four assumption tests as a condition for the linear regression test. Failure to fulfill one of the assumption tests in this study led to a logistic regression test. The results show that PSS has a positive signicant influence on PWB. The result of the logistic regression model obtained were statistically significant, χ^2 (244) =17,526, p<0,001. This shows that the addition of PSS will cause an increase in PWB.

Keywords: Psychological Well-Being, Perceived Social Support, Female Inmates, LPP Jakarta and Tangerang.

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