

## ABSTRACT

### ***The Meaning of Mental Health Message In Documentary Films by Teenagers (Analysis of receptions in a Film Entitled “Kamu Juga Manusia, Sebuah Dokumenter Tentang Kesehatan Mental”)***

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*The fact of increasing symptoms of mental disorders among young adults and the stigma attached to people with mental health in society make mental health education for young adults an urgent need. The documentary “Kamu Juga Manusia, Sebuah Dokumenter Tentang Kesehatan Mental” contains a mental health education message that emphasizes factuality. Six adolescents with mental health disorders shared their experiences of being sufferers who were vulnerable to being stigmatized. This study aims to find out how adolescent audiences interpret the message of mental health education in the documentary film “Kamu Juga Manusia, Sebuah Dokumenter Tentang Kesehatan Mental”. this study uses the constructivism paradigm with a qualitative approach and reception analysis method from Stuart Hall. The results of the study involving four informants showed that three were in Dominan-Hegemonic meaning Position and one oppositional meaning position. Contextual factors that are equally influential in the meaning of mental health education message are age, education, experience, family, and gender.*

**Keywords:** Documentary Film, Educational Message, Mental Health, Reseption Analysis, Stuart Hall

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