

ABSTRACT

REHABILITATION CENTER FOR MENTAL DISORDERS FOR ADOLESCENTS WITH AN ARCHITECTURAL THERAPEUTIC APPROACH

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Mental health is an aspect that is as important as physical health and needs to be paid attention to improve the quality of human life. Mental health conditions influence psychological, social and emotional well-being. In recent years, mental health has become an important topic to discuss because the prevalence of mental disorders in Indonesia is quite high. According to 'Riset Kesehatan Dasar Tahun 2018 (Riskesmas)' the prevalence of mental disorders, especially for those aged 15 years and over, has increased from 6% in 2013 to 9.8% in 2018. From this data, Only 2.6% accessed counseling services or facilities. Apart from healing through psychotherapy and biomedical rehabilitation, environmental factors also contribute to the success recovery of their mental health. This can be done by means of architectural manipulation by integrating the natural environment and controlling other factors such as sound, color, sight and light to create a therapeutic environment that can help the patient's healing process. Therefore, to help the healing process of sufferers, a rehabilitation center will be designed using a therapeutic architectural approach.

Keywords: *Mental Health, Rehabilitation Centre, Therapeutic Architecture*

Libraries : 23

Publication Years : 1993 - 2023