

ABSTRACT

Relationship Between Work-Life Balance and Family Satisfaction in Employees Who Have Families in an Urban Environment

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Living in an urban environment offers unique benefits and challenges that have an impact on your personal, social and work life. Urban communities sometimes experience several obstacles related to traffic, economy, personal and family life. Urban environmental communities need to find ways to overcome the challenges and obstacles they experience. It is hoped that this research can fill gaps and provide novelty to previous research such as studies on work-life balance and family satisfaction in urban environments by involving employees who have families. This research aims to find the relationship between work-life balance and family satisfaction in employees who have families in an urban environment. The measuring instruments used are the Work-Life Balance Scale and the Satisfaction with Family Life Scale. Researchers used quantitative research methods with correlation tests. The research results show that there is a significant positive relationship between work-life balance and family satisfaction.

Key words: *urban environment, family, work, employees*