

ABSTRACT

The Effect of Emotional Intelligence on Cyber Aggression in Teenagers on Social Media

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Teenagers as the largest internet users are estimated to have at least one social media account. In its use, social media is often misused and is actually used by teenagers for negative things that lead to cyber aggression. This behavior is caused by the inability of adolescents to manage their emotions well so that it is difficult to resist the urge and negative emotions they feel. Stable emotional intelligence helps adolescents in reducing deviations that may occur. This study was conducted with the aim of knowing the effect of emotional intelligence on adolescent cyber aggression in social media. The number of participants involved in this study was 382 adolescents. The measuring instruments used Cyber Aggression Typology Questionnaire (CATQ) for cyber aggression variables and Trait Emotional Intelligence Questionnaire Short Form (TEIQue-SF) for emotional intelligence variables. Researchers conducted a logistic regression test to see the effect of emotional intelligence on each type of cyber aggression, namely Impulsive Aversive Aggression (IAV), Impulsive Appetitive Aggression (IAP), Controlled Aversive Aggression (CAV), and Controlled Appetitive Aggression (CAP). The results showed that emotional intelligence has a significant negative influence on each type of cyber aggression, which means that the higher the emotional intelligence of adolescents, the lower the cyber aggression.

Keywords: Cyber Aggression, Emotional Intelligence, Social Media, Teenagers

References: 65

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