

ABSTRACT

THE EFFECT OF ADVERSITY QUOTIENT ON COLLEGE ADJUSTMENT IN COLLEGE FRESHMAN

The purpose of this research is to determine the effect of the adversity quotient on college adjustment. Participants in this research were 381 college freshman in Indonesia aged 18-21 years. The scale used to measure college adjustment is the Student Adaptation to College Questionnaire (SACQ) while the adversity quotient is the Adversity Quotient (AQ). The research method used is a quantitative approach with simple linear regression analysis techniques. The results of this study indicate that there is a significant positive influence between the adversity quotient and college adjustment. The results of the regression test obtained a score of $R^2 = 0.320$, which means that the adversity quotient tends to have a large influence on college adjustment at 32% and the remaining 68% is influenced by other factors.. This shows that the higher the adversity quotient of students, the higher the ability of college freshman to make college adjustments. This means that the adversity quotient is able to help college freshman make college adjustments.

Keywords: *Adjustment to College, New Students, Campus*