

## **ABSTRACT**

### **THE EFFECT OF EMOTIONAL INTELLIGENCE ON COLLEGE ADJUSTMENT IN FIRST-YEAR STUDENTS**

Pricilya Zalsa Anjani<sup>1)</sup>, Maria Jane Tienoviani Simanjuntak<sup>2)</sup>

<sup>1)</sup> Student of Psychology Study Program, Universitas Pembangunan Jaya

<sup>2)</sup> Lecturer of Psychology Department, Universitas Pembangunan Jaya

*Emotional intelligence becomes crucial, especially during transition periods such as when first-year college students. Students undergo a significant shift from school to university, requiring them to become more independent and disciplined. Therefore, emotional intelligence is vital for college adjustment. This study aims to explore the influence of emotional intelligence on college adjustment among first-year students. The sample consists of 356 first-year students aged 18 to 21 years. The research utilized the Trait Emotional Intelligence Questionnaire Short Form (TEIQUÉ-SF) adapted by Febriana (2021) and the Student Adaptation to College Questionnaire (SACQ) adapted by Soraya (2020). This researcher conducted four assumption tests: normality, linearity, independence of errors, and homoscedasticity. The results indicated that linearity assumption was met, allowing hypothesis testing using logistic regression. The findings from logistic regression analysis revealed a positive influence of emotional intelligence on college adjustment among first-year students. This implies that higher emotional intelligence among first-year students correlates with better college adjustment.*

**Keywords:** *Emotional intelligence, College adjustment, First-year students*

*References:* 62

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