

ABSTRACT

THE EFFECT OF EMOTIONAL INTELLIGENCE ON LONELINESS IN THE GENERATION Z

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The study aims to determine the effect of emotional intelligence on loneliness in the generation Z. The respondents in this study is generation Z who was born in 1997-2012. Total respondent involved in this study is 460 respondents. The measuring instrument used to examine the level of loneliness in generation Z is The University of California Los Angeles Loneliness Scale Version 3 (UCLA-LS3), while measuring emotional intelligence uses Trait Emotional Intelligence Questionnaire Short Form (TEIQue-SF). This study research method is using quantitative methods and linear regression to examine the effect size from independent variable to dependent variable. The result of this study show that there is a significant and negative influence of emotional intelligence on loneliness in generation Z. The influence from emotional intelligence to loneliness relatively large, with the effect size of 36,2%.

Keywords: *Loneliness, Emotional Intelligence, Generation Z.*

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