

ABSTRACT

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ACTIVITIES AND WORK PROCESSES AS A PSYCHOLOGICAL ASSISTANT AT THE INDONESIAN AIR FORCE PSYCHOLOGY SERVICE

The intense competition in today's job market has made finding employment a significant challenge. An organization's progress is measured by its ability to adapt to changes, which demands optimal readiness and performance from its human resources. Companies or organizations that can adapt to change are those with high-quality human resources, enabling them to remain competitive and meet the challenges of change. To develop such quality human resources, universities, as educational institutions, play a crucial role in preparing students for the workforce. Students are equipped not only with knowledge but also with the skills required by today's industries. Universitas Pembangunan Jaya mandates all students to undergo an internship program known as "Kerja Profesi," which is a compulsory course for graduating from the undergraduate (S1) program. This program is designed to provide students with practical experience, enabling them to enter the workforce with a deeper understanding of their prospective careers in line with their academic competencies. The intern carried out the "Kerja Profesi" at the Indonesian Air Force Psychology Service (Dispsiau) as an Assistant Psychologist. During the internship, the intern gained hands-on experience in conducting psychological tests, scoring test tools, participating in the assessment process for promotion to Colonel rank, and creating psychoeducation materials on online gambling addiction. Throughout the internship, the intern encountered several challenges, which were successfully addressed and can serve as valuable feedback the Indonesian Air Force Psychology Service, Universitas Pembangunan Jaya's Psychology Program, and future students.

Keywords: *Psychological Services, Psychologist Assistant, Internship*